

# BARBARA GRAVER: MY TESTIMONY

## Lost in the Dark

*And the light shineth in darkness, and the darkness did not comprehend it. - John 1:5 (Douay Rheims Bible)*

It was early 2017 and my life was humming.

My blog, The Mystic Review, was receiving thousands of visits a day. My internet radio show of the same name featured interviews with internationally known metaphysical authors and teachers. I taught tarot part-time at our local holistic center. My home-based card reading business was growing and my readings were a hit at every psychic fair.

I had been studying the occult in earnest for seven years. During that time, I investigated the paranormal and trained with the Spiritualists. Joined and left a coven. Started a local metaphysical society and began my own Wiccan circle.

I had taken courses in energy medicine, astral projection, psychic development, astrology, dream work and more. I had also read 100s of books. Astrology. Numerology. Tarot. Mediumship. Ufology. Spiritualism. Witchcraft.

And, on a level, it had all paid off.

I had received verifiable psychic information, recorded clear unedited EVPs, seen beautiful visions and dreamed incredible dreams. And every experience, every seemingly meaningful revelation had found its way into the Mystic Review and the hearts and minds of an ever increasing readership.

This was what I had wanted ever since I left the Catholic Church some 20 years earlier in the wake of a family tragedy. And the truth is I'd rarely looked back. But by the spring of 2017 I was beginning to realize that something was wrong.

## Challenged

*Go not aside after wizards, neither ask any thing of soothsayers, to be defiled by them: I am the Lord your God. - Leviticus 19:31 (Douay Rheims Bible)*

My challenges began in autumn 2015, when my youngest son and I took a trip to New England.

I been eager to make the trip ever I discovered that my great, great, great, great aunt Rebecca Nurse had been hung in the infamous Salem witch trials of the late 1600s. To me, this was more than an interesting piece of family trivia. It was a connection between my personal history and the life I had come to believe I was meant to live.

Just a few months earlier, in fact, I had ended my short term membership in an established coven and started my own Wiccan circle.

Being Wiccan was not widely accepted in the still largely Catholic Northeast Pennsylvania town where I lived. But Salem was another story. In Salem witchcraft was embraced, it seemed, by the entire community. And I loved being there.

I loved seeing witches walking the streets, cloaked and hooded and oh so secure in their identity. I felt a strong sense of camaraderie as I stood in the center of the large, boisterous group, taking photos of the Samantha Stevens statue. I bought incense from a shop owned by a Wiccan author I admired. I embraced the high spirits and outright celebration of all things witchy.

And somehow, in the midst of all that excitement, I barely noticed that my son was struggling to keep up. When he finally sat down on a bench unable to go on, I thought about how he needed to lose weight. I resolved to manifest good health. And then I dismissed it.

A few weeks later he was hospitalized.

He had contracted a virus, the doctor's guessed, which - undetected - had slowly attacked his heart leading to some very serious complications. After repeated hospitalizations a pacemaker, his condition stabilized. But the damage to his heart was irreversible.

We fielded one medical emergency after another for most of 2016. But as the New Year approached I began to take stock. And there was one thing I could not understand.

Why hadn't my spirit guides given me a heads up about my son?

These were the same guides who had given me targeted and specific information for mediumship readings and tarot card sessions - over and over again. But when it came to my son they had been silent.

I decided that it was time to find out just who these beings were.

## **Digging Deep**

*And this is the declaration which we have heard from him, and declare unto you: That God is light, and in him there is no darkness. - 1 John 1:5 (Douay Rheims)*

I had learned about spirit guides from various occult and New Age sources. And so, in the spring of 2017, I decided that it was time to take a hard look at this material.

I made some interesting connections between modern day occultism and the preternatural, more than I can share here, in this short testimony. But I will include some of the highlight.

I began my research thinking I knew it all and came out realizing that some important facts had been left out or minimized.

- I already knew that the spiritualist movement had begun in 1848, when three young girls in Hydesville, New York began to receive messages from an unseen presence. But I didn't know that the girl's called this entity Mr. Splitfoot, a known moniker for Satan.
- I researched the "mother of the New Age," occultist Helena Blavatsky, and the supernatural beings or "ascended masters" who spoke through her and her protégé Alice Bailey. I knew about Blavatsky and her teachings but was surprised to learn that she called her 1875 magazine Lucifer and that Bailey went on to call her own publishing company Lucifer Press.
- I moved on to Kentucky born trance medium and father of the New Age Edgar Cayce who began to give psychic health readings in 1910 and soon branched out to share information that was a lot like Blavatsky's. Like Blavatski, Bailey and others, Cayce received his information from invisible beings he associated with the Egyptians. This was something I'd already known, but the similarity between Cayce's reading and Blavatsky's teachings gave me pause. It was if everyone was drawing from the same preternatural source.

Then I turned my attention to the occultists who had openly promoted divination and witchcraft.

- In 1904 Aleister Crowley, a member of the occult organization The Golden Dawn, published The Book of the Law, which he claimed to have written in an hour under the influence of an angel called Aiwass. According to Crowley, humans were entering into a new stage of spiritual evolution. The guiding principle of this new age was the now familiar maxim, "Do what thou wilt." I knew about the book and the maxim but the angel gave me pause. It seemed

unlikely that one of God's angels would give the kind of advice Aiwass gave Crowley.

- In the 1940s, Gerald Gardner used sources that included material from Freemasonry, the Golden Dawn and Aleister Crowley, to create the "religion" of modern day witchcraft or Wicca. Crowley's maxim of "do what thou wilt" became part of the Wiccan Rede.
- In 1944, Crowley created his own tarot deck. But it was another fellow Golden Dawn member, Arthur Waite, who published the deck that took the occult world by storm. Easier to use than earlier decks, it became the deck of choice for the great majority of tarot readers (including me).

I found these things, and others I had discovered, disturbing. In the weeks that followed I began to feel a vague sense of unease about my guides and energy I sensed hovering behind my card readings. And it no longer felt friendly.

## Going Toward the Light

*For the mountains shall be moved, and the hills shall tremble; but my mercy shall not depart from thee, and the covenant of my peace shall not be moved... - Isaiah 54:10 (Douay Rheims)*

Somehow, in the midst of all this, I started to feel drawn to Christianity. And so, like a true newager, I asked for a sign.

The next morning, I drove to the flea market through a slow steady kind of rain that promised to continue all day. I had eight dollars with me. This was a good twenty or thirty dollars less than I usually brought. But I didn't think it would matter. I wasn't sure if the flea market would be open at all and I knew that even if it was vendors would be scarce.

When we pulled into the parking lot I saw that I was right about the vendors. The large open area that was usually full of tables and tents was

very near empty. The few sellers who had set up were spread out and the gravel lot was full of puddles. But we decided to put on our slickers and give it a shot.

One of the first things I spotted, as we made our way around the puddles, was a chalkware Blessed Mother. For some reason I couldn't really explain, I'd been wanting one of those big old Mary statues for some time. Over the course of two previous flea market seasons I'd kept an eye out. But every statue I had seen was chipped or expensive or both.

The one in front of me that day was almost two feet tall and had virtually no damage. So I was surprised when the woman on the other side of the table said it was mine for five dollars. I'd never seen a statue quite like it. I liked the blue of Mary's cloak and the graceful curve of her neck and the look of humility on her face. I bought it without any negotiation.

A little further on, I saw a cold cast bronze St. Brigit's cross that was marked 'made in Ireland.' I asked the vendor the price and he said a quarter. And then, when I couldn't find any change, he refused my dollar and insisted I take the cross for free. I was happy that I was able to tell him a bit about St. Brigit and what she had done so long ago in Ireland. And I started to get a good feeling about the day.

The next item that caught my eye was a bright silver crucifix shining brightly through the rain. When I got close I could see that it had a glass holy water font and a place on either side of the crucifix for candles. I thought that the seller would probably want at least ten dollars for such a nice item but she didn't. She wanted three. So I got this crucifix too.

On the long damp ride home, it suddenly occurred to me that I had bought three items associated with the faith in a way that had been meaningful to me at one point in my life. I understood that I had gotten them all on an unlikely day and for a surprisingly good price.

But what struck me most was that I had bought them for the exact, to the penny, amount of money I had with me.

I believed, and still believe today, that this was my sign and I resolved to give Christianity a second chance.

A few days later I had a dream that felt like a vision. I was lying in bed that morning after the alarm went off, when the words, "this is the true church" drifted through my mind. Looking up I saw that I was in an enormous, vaulted cathedral and that every inch of it was filled up with shimmering, golden light.

I felt a deep sense of peace and when I got up I heard a choir singing in the as if in the distance and that choir sang softly at the edge of my awareness all day long.

## **Exploring Christianity**

*And I will lead the blind into the way which they know not: and in the paths which they were ignorant of I will make them walk: I will make darkness light before them, and crooked things straight... - Isaias 42:16 (Douay Rheims)*

All that summer and into autumn I reacquainted myself with the Christian faith. As I did, I tried to fit Christianity into my existing believe system. While I no longer spoke to spirits, I continued to study astrology, perform card readings and teach tarot card reading to others. Though, at times, my discomfort was obvious.

Then one day, in the same room where I saw my card reading clients, I knew.

There was no precipitating event, no missing piece, no sense of discovery. Instead it was a moment of absolute clarity and in that moment the occult lies I had based the last seven years of my life on just fell away.

The trance was broken.

The world felt raw and the light seemed harsh. But there was no going back. I knew truth.

Over the next few weeks, I left the Wiccan circle and metaphysical society, closed my card reading business and canceled my upcoming card reading classes. I stopped attending occult events. I let those who didn't accept my new life go. I donated, sold and finally disposed of hundreds of metaphysical books and occult items.

Finally, in November of 2017, I wrote my very last entry in the Mystic Review.

Over the next few weeks, I did a church tour of several local churches and ended up at a Protestant church that was not a good fit and then found another Protestant church that was.

I didn't spend any real time thinking about the Catholic Church I had visited in the early days of the church tour or the fact that all of the items I bought that day at the flea market were Catholic in origin.

## **My Return to the Faith**

*If then any be in Christ a new creature, the old things are passed away, behold all things are made new. - 2 Corinthians 5:17 (Douay Rheims)*

My return to Catholicism began almost two years later in the beautiful old cathedrals of Israel.

I hadn't thought about the Catholic faith in a very long time. But now in Israel I found myself remembering how beautiful Catholicism could be.

Finally, on the last night of my trip, I found myself in an Anglican church in the heart of Jerusalem. Outside, the darkness seemed absolute and oppressive. Inside, the light caught under the high stone dome was a



beautiful golden white that seemed to brighten all around me until the contrast between darkness and light moved me to tears.

It was not a Catholic service but it was as close to Catholic, I think, as my Protestant sensibilities would allow.

The next day, I returned to Pennsylvania fully intending to go back to the Protestant church I had joined in 2018.

And that was when my car started breaking down - repeatedly. Getting to the Protestant church, in a nearby town, proved impossible. Finally, after several weeks, it occurred to me that there were two churches within walking distance of my home.

Both were Catholic. But after Israel I found that no longer bothered me.

So I walked down the street and went to Mass for the first time in what seemed like forever. And the next week I went back. And then, because I wanted to receive communion, I went to confession. And that was huge.

On that Saturday in March 2020, I was blessed to make my confession to an elderly priest who took my involvement in the occult very seriously. Because the Church itself was being remodeled confession was held in a small office with only a light screen between me and my confessor.

I gave the patient, wheelchair bound priest an accounting of the last twenty years of my life and he led me in a full renunciation of the occult. And when I received absolution, I felt something lift off me that I hadn't even realized I had been carrying.

I stepped into the sanctuary feeling as if every had changed. The lights were bright and the daylight streaming through the windows was even brighter. I felt off-kilter but happy. No, not happy. Joyous. I felt like the new creature St. Paul talk about in 2 Corinthians 5:17.

Receiving communion that day was a blessing and it continues to be a blessing to me still. And I was, and remain, grateful to have been called back to what is for me the one true Church.

## **My New Life**

*“The people that walked in darkness, have seen a great light...” Isaiah 9:2-7  
(Douay Rheims)*

In the days and weeks that followed, I went to Mass and read Catholic books and listened to Catholic media And everything I read and heard made sense.

One day, when I was watching Mother Angelica say the Rosary on EWTN, I was struck by the golden light that filled her Alabama sanctuary. It reminded me of the contrast between light and dark that had so moved me in Israel and of the vision I’d had after that rainy day at the flea market when the prospect of coming back to the faith had felt daring and new.

Over the next few months I thought about the spiritual journey I'd made and the enormous circle that had brought me back to a place that was, and is, just around the corner.

The items I bought that day at the flea market are gone and it occurs to me that there is some kind of a lesson in that. I'm not sure what it is exactly, but I think that maybe God doesn't want me to be the kind of Catholic I used to be. Or the kind of person I used to be.

I think that maybe He wants me to be something new.

-----

*Thank you for reading my testimony!*

*For more on spiritual warfare, demonic activity, books, media and the Catholic faith please visit [BarbaraGraver.com](http://BarbaraGraver.com). And may God bless us all.*